

## Red set resource sheet: Later Foundation Stage

### What shall we do?

You were going to tea with your friend tomorrow, but her mum rang to say you can't come after all because your friend has to go to the dentist instead.

- How can you cope with your feelings of being disappointed and cross?
- What might you be saying to yourself?
- What could you say to yourself?

Mum promised she would bring your scooter to school when she fetched you, but she forgot.

- How can you cope with your feelings of being disappointed and cross?
- What might you be saying to yourself?
- What could you say to yourself?

Your friend promised she would play with you at playtime and then she was away from school ill.

- How can you cope with your feelings of being disappointed and perhaps worried about playtime?
- What might you be saying to yourself?
- What could you say to yourself?

You walk into the class one morning and your teacher isn't there – instead there is a supply teacher.

- How do you cope with your feelings of being worried and a bit sad?
- What might you be saying to yourself?
- What could you say to yourself?

You love gym and it is gym day today. A child brings a note into the classroom telling everyone that there is a hole in the roof above the gym and it is being mended today so the gym can't be used.

- How do you cope with your feelings of being disappointed?
- What might you be saying to yourself?
- What could you say to yourself?